

CURRICULUM VITAE

Dr Muhammad Zubair Khan

MBBS, FCPS (Pak)

**Associate Professor KMU Institute of Medical
Sciences**

Kohat

1. PERSONAL INFORMATION

Name Muhammad Zubair khan
Date of Birth: 23 march 1979
Marital Status married
Home address Banglow no 39, Main Sial baz Road Kohat cannt
Professional address Muhammad Zubair khan Associate professor of
ENT KMU(IMS) KDA TEACHING HOSPITAL KOHAT.
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2. PRESENT ACADEMIC RANK AND POSITION

Associate professor of ENT KMU Institute of Medical Sciences DHQ
Teaching Hospital KDA Kohat

Superwiser and examiner at college of physicians and surgeons
Pakistan

3. EDUCATION/QUALIFICATIONS

MBBS	2002	Army medical college
IMM	2009	CPSP
GRADING	2009	AFPGMI
FCPS	2011	CPSP
CHPE	2022	KMU

4. PROFESSIONAL REGISTRATION

PMC
CPSP

5. PERSONAL PREFERENCES

- Though I have performed surgeries relating to all aspects of ENT, I am more interested in Otology and Rhinology.

6. EMPLOYMENTS

- a. KMU Institute of Medical Sciences Kohat , Associate Professor of ENT 2020 till date
- b. CMH KOHAT CLASSIFIED ENT SPECIALIST 2018-20
- c. CMH GLT CLASSIFIED ENT SPECIALIST AND HEAD OF DEPARTMENT 2016-2018.
- d. ARMY MEDICAL COLLEGE ASSISTANT PROFESSOR ENT AND CLASSIFIED ENT SPECIALIST MH RAWALPINDI CL 2013-16
- e. QUETTA INSTITUTE OF MEDICAL SCIENCES CMH MEDICAL COLLEGE ASSISTANT PROFESSOR ENT 2011-13.
- f. BAHRIA MEDICAL AND DENTAL COLLEGE PNS SHIFFA SENIOR REGISTRAR ENT 2009-11
- g. AFGMI Registrar ENT 2006-09
- h. 42 PR Regimental Medical Officer 2004-06
- i. CMH PESHAWER 2003-04

7. CLINICAL EXPERIENCE

a. OPERATIVE EXPERIENCE

- I have performed, both supervised and unsupervised, nearly every procedure designated in the core curriculum and syllabus for higher surgical training in ENT in Pakistan.

Procedures Performed as Principal Surgeon

- Emergency ENT

- Independent
 - Tracheostomy, cricothyroidotomy.
 - Oesophagoscopy and Bronchoscopy.
 - Control of Post-Tonsillectomy haemorrhage.
 - Incision drainage of Abscesses.
 - Myringotomy and Mastoidectomy
 - Anterior/posterior nasal packing for epistaxis.
 - Removal of foreign bodies from nose and ears.
- Under Supervision
 - Ligation of External carotid artery
 - Ligation of Internal maxillary artery
- Otology
 - Independent
 - Grommet insertion,
 - Myringoplasty,
 - Modified radical mastoidectomy.
 - Under Supervision
 - Stapedotomy and piston insertion
 - Ossiculoplasty
 - Facial recess approach
 - Surgery for meatalatresia
- Rhinology
 - Independent
 - Antral Wash-out
 - Turbinectomy/Turbinoplasty
 - Septorhinoplasty
 - MUA Fractured Nasal Bones
 - Caldwell-Luc operation
 - Endoscopic MMA, anterior ethmoidectomy
 - External ethmoidectomy

- Under Supervision
 - Medial maxillectomy
 - Endoscopic Posterior ethmoidectomy
- Throat /Head & Neck
 - Independent
 - Adeno Tonsillectomy
 - Neck Lymph Node Excision
 - Thyroglossal cyst excision.
 - Under Supervision
 - Submandibular gland excision
 - Branchial cyst and sinus excision
 - Thyroidectomy
 - Parapharyngeal mass excision
 - Cleft palate repair
- Laryngology
 - Independent
 - Direct/Microlaryngoscopy
 - Under Supervision
 - laryngeal repair following trauma.
- Audiology
 - Independent
 - Puretone Audiogram, Tympanometry.
 - Under Supervision
 - BERA

Procedures Assisted

- Otology
 - Glomus Tumor excision

- Rhinology
 - Total maxillectomy
 - Base of skull surgery
 - Excision of nasopharyngeal angiofibroma
- Head & Neck
 - Hemilaryngectomy/Total Laryngectomy
 - Laryngopharyngectomy
 - Neck Dissection
 - Parotidectomy
 - Hemiglossectomy
- Laryngology
 - Laser assisted laryngeal lesion excision
 - Thyroplasty

The detailed log of procedures is attached as Annex A

b. OUT PATIENT SKILLS:

- Nasendoscopy
I routinely perform both rigid & flexible endoscopy comfortably.
- Microsuction
I have been using Microscope in OPD.
- Audiometry
I have performed PTA & Tympanometry in OPD.
- Vestibular Testing
I have performed caloric testing, Hallpike maneuver and Apley's positioning exercises.

8. TEACHING EXPERIENCE:

- DEC 2020 to date
I worked as Associate professor ENT in KIMS KDA TEACHING HOSPITAL KOHAT.
- MARCH 2013-OCT2016
I worked as an Assistant professor of ENT in ARMY MEDICAL COLLEGE RAWALPINDI.
- AUG 2011-MARCH 2013
I worked as an Assistant professor of ENT in QIMS CMH QUETTA MEDICAL COLLEGE.
- AUG 2009 to AUG 2011
I worked as instructor in nursing school PNS SHIFA HOSPITAL. I also supervised training of interneers in ENT.
- AUG 2009 to AUG 2011
Teaching of interneers on rotation in ENT. Participated in their training regarding management of common ENT diseases and initial management of emergencies at PNS Shifa hospital Karachi..AND teaching of medical students in Bahria medical and dental college.
- June 2007- AUG2009
Teaching of medical students, ENT surgical instruments and basic surgical procedures at combined military hospital Rawalpindi.
- AUG 2002– June 2003
Teaching of Nurses in CMH PESHAWAR Lectures in Anatomy, Physiology, Medicine and Surgery

9. HONORS AND AWARDS

- Published ENT book as chief author from national book foundation named 'ENT practical exams and TOACS' through proper channel
- Received high appreciation letter from eminent professors of ENT in the country including:-
 - 1) Professor Tariq Raffi (HOD ENT JPMC Kci, Vice chancellor SIND Med university)
 - 2) Professor Javed Alam (Chairman ENT Sirsyed medical college kci)
 - 3) Professor Sami Mumtaz (HOD ENT Fatimah Jinnah med college Lhr)
 - 4) BRIG Nusrat (Advisor in ENT Pak Army)
 - 5) BRIG (Retd) Bashir (Prof ENT Heart International)
- Registrar Bahria Medical and Dental College (Involved in teaching activities)
- Assistant Professor of ENT in Quetta Institute of Medical Science (QIMS) (Involved in teaching activities)
- Assistant Professor Army Medical College
- Associate Professor of ENT
- Teaching in Medical Colleges and AFPGMI
- Life saving surgeries and Bronchoscopes without complications
- Registered and recognized 8 years of teaching experience from PMDC in Med Colleges of Pak Army through proper channel
- Nine Published research articles in different national and international journals

- Emergency Med Camps

(1) Gudai (Astore FCNA)

(2) Chalam Chuki (80 Bde FCNA)

(3) Teru (Gizer Valley FCNA)

(4) shandoor (FCNA)

(5) shamshal (Gojal FCNA)

(6) Darall (Chalas FCNA)

(7) Flood Relief Badin

(8) Med Camp Swat Operation

(9) Gulistan (Balochistan)

(10) ORMARA (Balochistan)

(11) Gawader (Balochistan)

10. RESEARCH AND PUBLICATIONS

Publications:

1. Chief author of ENT book named 'ENT PRACTICAL EXAMS AND TOACS published by National book foundation
2. Influence of size of tympanic membrane perforation on outcome of myringoplasty in(Pakistan journal of Otolaryngology)
3. Sensitivity and specificity of ultrasonography in diagnosis of maxillary sinusitis as compared to Antral lavage (Pakistan Journal of Otolaryngology)
4. Mass par pharyngeal space an experience at CMH Rawalpindi (Pakistan armed Forces Medical Journal)
5. Unilateral Anterior epistaxis electro cautery versus chemical cautery (Pakistan Armed Forces Medical Journal)
6. Orbital complication of acute sinusitis (ophthalmology international)
7. A new case report of F-viii deficiency and inhibitors (official Journal of the world federation of hemophilia European associate for hemophilia
8. An experience of Laryngotracheal reconstruction at CMH Rwp (Pakistan Journal of Otolaryngology)

9. Paper presentation and poster of case report at 68 scientific and standardization committee meeting of international society of thrombosis and homeostasis .
10. Comparative study between conventional inferior Turbinectomy and Endoscopic inferior Turbinoplasty for treatment of inferior turbinate hypertrophy .
11. A study on the Endoscopic sinus surgery over the period of 9 years.(Pakistan Journal of Otolaryngology).

Research in progress:

- A survey to find out the prevalence of type B tympanogram in school going children 5-7 yrs of age was done in march 2012.
- Acute otitis externa in rainy season in Pakistan.
- Para pharyngeal tumors, differential diagnosis.

11.COURSES & WORKSHOPS ATTENDED

Course	Venue	Date
CHPE	Khyber medical university peshawar	2022
Research methodology Biostatistics and medical writing.	Department of medical Education in collaboration v WHO. College of Physicians and Surgeons Pakistan –Pesha	2019
ATLS	CMH Pindi	2009
Workshop on Educational planning and Evaluation	Department of medical Education in collaboration v WHO. College of Physicians and Surgeons Pakistan –Pesha	2020
Workshop on assessment of competence	Department of medical Education in collaboration v WHO. College of Physicians and Surgeons Pakistan –Islama Regional centre	Jan 2021

Supervisory skills workshop	Department of medical Education in collaboration with WHO. College of Physicians and Surgeons Pakistan – QUETTA Regional centre	March 2012
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Temporal bone dissection workshop	25 th National conference of Pakistan Society Of Otorhinolaryngology at CMH Rawalpindi	4 th to 6 th Dec 2015
Head and neck surgery workshop	PIMS Islamabad	4 th Dec 2015
Thalassemia workshop	Pediatrics Department MH/AFPGMI	9 TH & 10 th May 2015
Live surgical workshop on Endoscopic Ear surgery	PNS Hafeez	26 th to 27 th Jan 2020
Endoscopic Otology	Head and neck surgery department Holy Family hospital Rawalpindi	20 th March 2021
Internal Auditing Techniques (ISO 9001&19011)	MH Rawalpindi	19 th Sep 2015
Rhinoplasty workshop	ISRA UNIVERSITY	4 TH Feb 2019

12. PRESENTATIONS/PAPERS

1. Presented a case study on, "Sudden sensorineural deafness" in Clinical pathology conference at AFPGMI, Rawalpindi in march 2007.
2. Attended and presented cases of Head & Neck Cancer patients in weekly head and neck oncology conference at CMH Rawalpindi from jan 2007 to Aug 2009.
3. Presented clinical cases (one per month), in weekly clinical meeting of Otorhinolaryngology at CMH Rawalpindi from jan 2007 to Aug 2009.
4. Presented cases in Rawalpindi Otolaryngology conference held 3 monthly during 2007 to 2009.
5. Presented cases during the clinical conferences held fortnightly at PNS SHIFA 2009 to 2011.
6. Presented cases during the clinical conferences held fortnightly at CMH QUETTA 2011 to 2013.
7. Delivered a lecture on "Management of deaf child" for parents in symposium for special children at special education school Rawalpindi April 2009.
8. Presented cases during the clinical conferences held fortnightly at CMH Gilgit 2016-2018.
9. Attended 24th national ENT conference from 14th to 16th December 2012 at Karachi.
10. Attended 25th national ENT conference from 14th to 16th December 2012 at Karachi.
11. 5TH Rhinocon 2022 ,15 and 16 october 2022 Islamabad Pakistan.
12. 25th national conference of Pakistan society of otorhinolaryngology.

13. **FREE MEDICAL CAMPS**

- Participated in the free medical camps organized by Pakistan navy for the local population of Urmara, a remote city in Balochistan in march 2009.
 - (1) Gudai (Astore FCNA)
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 - (2) Chalam Chuki (80 Bde FCNA)
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 - (3) Teru (Gizer Valley FCNA)
 -
 - (4) shandoor (FCNA)
 -
 - (5) shamshal (Gojal FCNA)
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 - (6) Darall (Chalas FCNA)
 -
 - (7) Flood Relief Badin
 -
 - (8) Med Camp Swat Operation
 -
 - (9) Gulistan (Balochistan)
 -
 - (10) ORMARA (Balochistan)
 -
 - (11) Gawader (Balochistan)

14.EXTRACURRICULAR ACTIVITIES:

- Worked as administrative incharge of surgical ward during stay at combined military hospitals Kohat, Gilget, Rawalpindi, and PNS Shifa.
Worked as resident in medical emergency at once a fortnight duty from 2003 to 2019.
- Worked as member of committee to check feasibility of raising a hospital in FC Balochistan during 2011.
- Worked as member of committee to check feasibility of raising a hospital in Pakistan Navy Durmanjan Balochistan during 2010.
- Worked as book editor on ENT practical exam and TOACS.

15. HOBBIES:

- Making 3d Computer graphics for medical animations.
- Narrating stories to daughters and son.
- Playing table tennis, badminton, cricket and golf.
- Painting with oil colours.
- Reading about alternate energy resources. Made an LTD Stiriling engine.www.youtube.com/watch?v=wIEHJTd1fQg
- Following cricket.

16. REFEREES:

- ProfessorZ M Rahat
MBBS,FCPS
CMH Lahore medical college
- Maj General Nusrat Raza
MBBS,FCPS,FRCS
Principal Army medical college.
- ProfessorBashir Ahmed
MBBS, FCPS(ORL), MSC-Audiology (Manchester)
Usra medical college Islamabad
+92-3008544360
bashir__33@hotmail.com
- Professor Makbool Raza
MBBS,FCPS,FRCS
Head of ENT department CMH Multans
- Professor Sher Muhammad Malik
MBBS, FCPS (ORL)
Consultant ENT Surgeon
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